Children's Nutrition in California

Children Ages 2-17 Who Drank One or More Sugar-Sweetened Beverages in the Previous Day: 2015-2016; Showing Counties

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**Definition:** Estimated percentage of children ages 2-17 who drank one or more sodas or other sugar-sweetened beverages in the previous day (e.g., in 2015-2016, 40.4% of California children had drunk one or more sugar-sweetened beverages in the past day).

**Data Source:** UCLA Center for Health Policy Research, California Health Interview Survey custom tabulation (Mar. 2018).


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**Definition:** Estimated percentage of children ages 2-17 who drank one or more sodas or other sugar-sweetened beverages in the previous day, by age group (e.g., in 2015-2016, 58.4% of California children ages 12-17 had drunk one or more sugar-sweetened beverages in the past day).

**Data Source:** UCLA Center for Health Policy Research, California Health Interview Survey.
Students Who Ate Breakfast in the Previous Day, by Gender and Grade Level: 2017-2019

<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 7</td>
<td>60.8%</td>
<td>72.4%</td>
</tr>
<tr>
<td>Grade 9</td>
<td>54.8%</td>
<td>65.3%</td>
</tr>
<tr>
<td>Grade 11</td>
<td>56.3%</td>
<td>60.2%</td>
</tr>
<tr>
<td>Non-Traditional</td>
<td>48.2%</td>
<td>53.6%</td>
</tr>
</tbody>
</table>

**Definition:** Estimated percentage of public school students in grades 7, 9, 11, and non-traditional programs who ate breakfast on the day of survey, by gender and grade level (e.g., in 2017-2019, 60.8% of female 7th graders in California had eaten breakfast in the past day).

**Data Source:** WestEd, California Healthy Kids Survey (CHKS) and Biennial State CHKS, California Dept. of Education (Aug. 2020).

Children Who Ate Five or More Servings of Fruits or Vegetables in the Previous Day, by Age Group

**Definition:** Estimated percentage of children ages 2-17 who ate five or more servings of fruits or vegetables in the previous day, by age group (e.g., in 2017-2018, 24.8% of California children ages 12-17 had eaten five or more servings of fruits or vegetables in the past day).

**Data Source:** UCLA Center for Health Policy Research, California Health Interview Survey (Aug. 2020).