Children's Dental Care in California

What It Is
Kidsdata.org's indicator of dental care measures the length of time since children last visited a dentist, hygienist, or orthodontist. Estimates of the percentage of children with a dental visit less than 6 months prior to the time of survey, between 6 and 12 months prior to survey, more than 12 months prior to survey, and the percentage who have never had a dental visit, are available for ages 2-11 and 12-17.

Why This Topic Is Important
Oral health affects overall health and is essential for healthy development. Tooth decay is the most common chronic disease and the greatest unmet health need among children in California and the U.S. Untreated dental problems such as cavities and gum disease can affect a child’s health and quality of life by causing pain, loss of teeth, impaired growth, sleep and speech issues, self-confidence problems, poor school performance, and increased school absences, among other issues. Nationwide, children miss more than 51 million hours of school each year due to dental problems.

Tooth decay is an infectious disease that can be transmitted from mothers to their infants, making oral health for pregnant women a critical public health issue. Problems with oral health and access to dental care disproportionately affect people of color, low-income families, those with public or no insurance, and those in rural areas. For example, children in these groups—especially young children—are less likely to receive routine dental checkups, which are critical for preventing tooth decay. In California, the disparity in oral health between low- and higher-income children is among the worst in the nation. In addition, California children with public insurance are more likely to have oral health problems not only when compared to those with private insurance, but also when compared to those who are uninsured; this may be due to the state’s low reimbursement rates for providers, along with other barriers to accessing care.

How Children Are Faring
According to 2015-16 estimates, 78% of California children ages 2-11 had visited a dentist, hygienist, or orthodontist in the previous six months, up from 70% in 2009. However, in 2015-16 an estimated 6% of children statewide had never had a dental visit. Across regions with data, the estimated
Definition: Length of time since last dental visit among children ages 2-17, by age group (e.g., in 2015-2016, an estimated 6.4% of California children ages 2-11 had never had a dental visit).

Data Source: UCLA Center for Health Policy Research, California Health Interview Survey (Mar. 2018).

Children Ages 2-11 Who Have Never Had a Dental Visit

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Data Source: UCLA Center for Health Policy Research, California Health Interview Survey (Mar. 2018).

View references for this text and additional research on this topic: https://www.kidsdata.org/topic/50/dental-care/summary

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